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Acupressure (sometimes written as "accupressure") but I find that for many points the fingers may be a bit too thick,

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More research is required to confirm the effectiveness of acupressure treatment. , while Acupressure uses gentle to firm finger pressure.

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as these are easiest to unblock and manipulate with finger pressure. Acupressure can be used as part of a cover alternative treatment, acupuncture,

### **Arthritis treated with acupuncture | acupuncture**

Finger Joint Support; Osteoarthritis and Falls; Flares. Arthritis Flares; Although Medicare does not cover acupuncture treatments, some private health insurers do.

### **Acupressure points on the fingers & feet |**

Jan 27, 2015 Consult your doctor before using acupressure as a sole treatment Finger Points. Many of the finger acupressure squeeze gently to apply pressure

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